

SALADS

Garden Salad	Sm 7.95	Lg 9.95
Caesar Salad	Sm 7.95	Lg 10.95
Chef Salad	Sm 10.95	Lg 13.95
<i>garden salad, ham, provolone, turkey & boiled eggs</i>		
Tuna Platter	Sm 10.95	Lg 13.95
Insalata a La Strada	Sm 10.95	Lg 13.95
<i>garden salad & parmesan cheese</i>		
Insalata di Tri Colore	Sm 10.95	Lg 13.95
<i>arugula, raddichio, endive & light dressing</i>		
Fresh Mozzarella	Sm 10.95	Lg 13.95
<i>with roasted peppers or sun-dried tomatoes</i>		
Antipasta a La Strada	Sm 10.95	Lg 13.95
<i>assorted cured meats, cheeses with roasted peppers, artichokes, sundried tomatoes & olives</i>		
Mozzarella Caprese	Sm 10.95	Lg 13.95
Mozzarella Calabrese	Sm 10.95	Lg 13.95
<i>fresh mozzarella, prosciutto, olives & sliced tomatoes</i>		

Add Chicken 2.95 • Add Shrimp 4.95

APPETIZERS

Chicken Fingers & French Fries	9.95
Calamari Fritti	14.95
<i>golden fried & served with hot or mild marinara</i>	
Mozzarella en Carrozza	9.95
<i>breaded fresh mozzarella dipped in egg sautéed & served with tomato sauce</i>	
Grilled Portobello Mushrooms	11.95
<i>sautéed spinach in a roasted garlic & parmesan cheese sauce</i>	
Eggplant Rollatine	9.95
<i>egg dipped & sautéed, filled with ricotta, mozzarella & parmigiano</i>	
Mussels Possillipo	14.95
<i>sautéed in garlic, basil, tomatoes, white wine & cayenne</i>	
Zuppa di Vongole	Small...11.95 ... Large ...14.95
<i>clams in a fresh garlic & basil broth</i>	
Scampi Rialto	12.95
<i>pan seared shrimp wrapped in prosciutto, melted mozzarella & baked</i>	
Rice Balls (Serving of 2)	5.95
Tomato Bruschetta	9.95

WINGS

10 Pieces	11.95
20 Pieces	24.95
50 Pieces	59.95

COLD SANDWICHES

All sandwiches are served with lettuce, tomatoes, onions, oil & vinegar.

Ham, Salami & Provolone	10.95
Turkey	10.95
Turkey & Provolone	10.95
Tuna	10.95
Prosciutto, Fresh Mozzarella & Roasted Peppers	11.95
Italian Tuna [melted Provolone]	10.95

WRAPS

All wraps are served with lettuce, tomatoes, onions, oil & vinegar.

Grilled Chicken Wrap	10.95
Buffalo Chicken Wrap	10.95
Turkey Wrap	10.95
Chicken Caesar Wrap	10.95
Tuna Wrap	10.95

BURGERS

Cheeseburger	11.95
<i>with lettuce, tomatoes & fries</i>	
Bacon Cheeseburger	12.95
<i>with lettuce, tomatoes & fries</i>	
Hamburger	10.95
<i>with lettuce, tomatoes & fries</i>	

La Strada "FOCCACIO SANDWICHES"

Grilled Chicken	10.95
Grilled Assorted Vegetables	10.95
Prosciutto, Fresh Mozzarella	10.95
Portobello, Mozzarella, Pesto	10.95

HOT SANDWICHES

Meatball Parmesan	10.95
Sausage Parmesan	10.95
Sausage with Peppers & Onions	10.95
Eggplant Sandwich	10.95
Chicken Sandwich Parmesan	10.95
Veal Sandwich Parmesan	10.95
Cheese Steak	10.95
Italian Hot Dog	10.95
Grilled Chicken Sandwich	10.95

ENTRÉES

Ravioli a la Vodka	16.95
<i>vodka, cream, fresh basil & a touch of tomato</i>	
Rigatoni a la Palermo	16.95
<i>marinara, eggplant, ricotta, fresh mozzarella and a touch of cream sauce</i>	
Fusilli con Filetto di Pomodoro	16.95
<i>san marzano tomato, garlic & fresh basil</i>	
Capellini Primavera	16.95
<i>angel hair pasta, sautéed garden vegetables in a pink sauce</i>	
Linguine Matrigiana	17.95
<i>prosciutto, tomato and a touch of cream</i>	
Cavatelli con Broccoli e Pollo	17.95
<i>sautéed with garlic, broccoli, chicken</i>	
Linguine a la Carbonara	17.95
<i>pancetta, parmesan & cream</i>	
Gnocchi Quatro Formaggio	17.95
<i>potato pasta served in a creamy four cheese sauce of mascarpone, parmesan, romano & fresh mozzarella</i>	
Gnocchi Bolognese	17.95
<i>potato pasta topped with our homemade meat sauce</i>	
Tortellini a La Strada	17.95
<i>cheese filled pasta in a pink cream sauce with fresh basil</i>	
Spinach Fettuccine	16.95
<i>spinach pasta in a zesty cream sauce</i>	
Fettuccine Alfredo	15.95
<i>fettuccine served in a white cream sauce</i>	

Add Chicken 2.95 • Add Shrimp 4.95

TRADITIONAL PASTA

Linguine or Penne [Ziti]	11.95
Lasagna con Carne	15.95
<i>homemade meat lasagna with ricotta & mozzarella</i>	
Eggplant Rollatine	16.95
<i>egg dipped & sautéed, filled with ricotta, mozzarella & parmigiano</i>	
Baked Ziti	13.95
Manicotti	15.95
Penne Vodka	15.95
Baked Ravioli	15.95
Eggplant Parmigiana	16.95
Whole Wheat Linguine alla Verdura	17.95
<i>with fresh tomatoes, zucchini & eggplant in a fresh pomodoro sauce</i>	

VEAL DINNERS

Saltimbocca alla Romano	21.95
<i>scallopine sautéed with prosciutto, spinach, mozzarella in mushroom sauce</i>	
Ai Porcini	20.95
<i>with pancetta, zucchini, porcini mushrooms & sage in madeira wine sauce</i>	
Affumicato Madiera	21.95
<i>nature scallopine with basil, sun-dried tomatoes, smoked mozzarella & white sauce</i>	
Parmigiano	21.95
<i>breaded, fried and baked in marinara, mozzarella, imported parmigiano cheese</i>	
Veal La Strada	21.95
<i>veal scaloppini with sautéed spinach, artichoke hearts, roasted tomatoes in Madeira wine sauce</i>	
Veal Portofino	20.95
<i>scaloppini of veal sautéed with portobello mushrooms, roasted red peppers, spinach in port wine demi glace</i>	

SIDE DISHES

Pan Roasted Potatoes	7.95
<i>with hot peppers and anchovies</i>	
Spinach al Burro	6.95
Steamed Sweet Broccoli	6.95
Broccoli Rabe	11.95
<i>in garlic and olive oil</i>	
Stewed Domestic and Wild Mushrooms	8.95
<i>in madeira wine</i>	
Breaded Chicken	6.95
Grilled Chicken	6.95
Salmon (Grilled/Blackened)	15.95
Grilled Shrimp	Small (6) 8.95 • Large (10) 13.95

Ask Your Waitress about our Fabulous Desserts!
Cannoli, Tiramisu, Tartufo, Sorbet

Ask for Our Daily Specials

CHICKEN DINNERS

Francese	18.95
<i>dipped in egg & sautéed in butter, white wine & lemon</i>	
Marsala	19.95
<i>sautéed with mixed mushrooms in a marsala wine demi-glace</i>	
Cacciatore	19.95
<i>tender pieces stewed in onions, peppers, mushrooms, tomatoes & olives</i>	
Cardinale	19.95
<i>sautéed breast with prosciutto, roasted peppers & mozzarella, madeira wine demi-glace</i>	
Scarpariello	18.95
<i>tender pieces with garlic, oregano, mushrooms, fresh lemon & parsley</i>	
Alla Parmigiano	18.95
<i>breaded, fried and baked in marinara, mozzarella & imported parmigiano cheese</i>	
Chicken Giambotta	19.95
<i>boneless chicken breast sautéed with green peppers, onions & hot cherry peppers in a brown sauce</i>	
Chicken Murphy	19.95
<i>boneless chicken breast sautéed with potatoes, sausage, peppers & onions in a light white wine sauce</i>	

FISH DINNERS

Tilapia Livornese	21.95
<i>sautéed with onions, capers, olives, fresh tomatoes & basil</i>	
Sole Francese	22.95
<i>dipped in egg, sautéed in butter, white wine & lemon</i>	
Salmon Fiorenza	23.95
<i>grilled and served over spinach with roasted mushrooms, lemon & white wine</i>	
Shrimp Scampi a La Strada	21.95
<i>sautéed in garlic & fresh herbs, with white wine & lemon</i>	
Zuppe de Pesce	26.95
<i>shrimp, calamari, scallops, clams & mussels in a fresh tomato and basil herb sauce</i>	
Gamberi La Strada	22.95
<i>sautéed jumbo shrimp in a tomato cream sauce served over fettuccine</i>	
Shrimp Marinara or Fra Diavolo	21.95
<i>spicy or sweet spicy Italian plum tomato sauce served over linguine</i>	
Tilapia Oreganata	21.95
<i>baked with seasoned bread crumbs & steamed spinach with lemon wine sauce</i>	



PIZZA

Personal	12.95
Medium	14.95
Large	15.95

* Available Regular or Extra Thin

Also Available

Gluten Free Pizza (12") 14.95

	Personal	Med	Large
La Strada Diet Pizza	11.95	14.95	16.95

our new lower calorie pizza made with part skim mozzarella, 25% less dough & no salt. Each slice contains approximately 175 calories & 6 grams of fat.

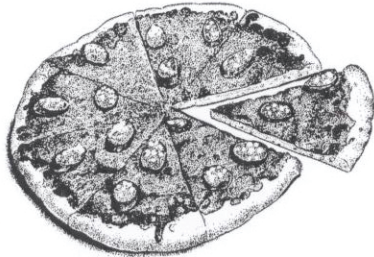
• Try Our New 7 Grain Crust •

Seven Grain Crust Pizza	12.95	16.95	17.95
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Toppings - 2.50 per item

pepperoni, sausage, mushrooms, peppers, broccoli, pineapple, black olives, spinach, onions, salami, meatballs, anchovies, eggplant, garlic, extra cheese, etc.

Chicken 4.00 • Shrimp 6.00



Calzone	10.75
Stromboli	10.75
Toppings (each)	1.50

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Cannoli, Tiramisu, Tartufo, Sorbet

Ask for Our Daily Specials

GOURMET PIZZA

	Personal	Med	Large
Combo Special [any 3 items]	14.95	19.95	23.95
La Strada Supreme "The Works"	15.95	20.95	24.95
Spinach Pizza	13.95	19.95	23.95
<i>spinach, tomatoes, potatoes, roasted garlic</i>			
Arugola Pizza	13.95	18.95	23.95
<i>arugola, tomatoes, mozzarella, parmigiano</i>			
Chicken Ranch Pizza	14.95	19.95	23.95
<i>fried chicken, tomatoes, bacon, ranch dressing</i>			
Buffalo Chicken Pizza	14.95	19.95	23.95
<i>fried chicken, hot sauce</i>			
Calamari Pizza	15.95	21.95	24.95
<i>fried calamari, tomatoes, fresh garlic</i>			
Baked Ziti Pizza	14.95	18.95	20.95
Sausage Broccoli Rabe Pizza	14.95	20.95	23.95
Melanzane Pizza	14.95	19.95	23.95
<i>eggplant, ricotta, marinara</i>			
Pizza al Pollo	14.95	18.95	23.95
<i>grilled chicken, spinach, fresh tomatoes</i>			
Pizza al Pesto	13.95	18.95	20.95
<i>pesto, artichoke hearts & sun-dried tomatoes</i>			
Pizza alla Mexicana	14.95	19.95	22.95
<i>ground beef, onions & jalapeño peppers</i>			
Pizza alla Verdure Mista	13.95	18.95	20.95
<i>grilled eggplant, grilled zucchini, mushroom, marinara, no cheese</i>			
Pizza Campania	13.95	18.95	21.95
<i>with prosciutto, sun-dried tomatoes & fresh mozzarella</i>			
Pizza Romano	13.95	18.95	21.95
<i>mozzarella, pancetta, red onion</i>			
Pizza Margherita	13.95	18.95	20.95
<i>marinara, fresh mozzarella & basil</i>			
Pizza Primavera	13.95	18.95	21.95
<i>with fresh zucchini, broccoli, carrots, scallions, garlic, mozzarella & provolone cheese. Topped with our homemade marinara sauce</i>			
Pizza Quattro Formaggio	13.95	18.95	21.95
<i>our special white pizza with ricotta, mozzarella & provolone cheese</i>			
Pizza Vegetariana	14.95	18.95	23.95
<i>whole wheat crust with spinach, mushrooms, broccoli and tomatoes</i>			
Fresh Tomato Pie	13.95	18.95	21.95
<i>whole wheat crust with fresh sliced tomatoes, fresh mozzarella, olive oil & basil</i>			
BBQ Chicken Pizza	14.95	19.95	23.95



KIDS MENU

For Kids 12 and Under

Ravioli	9.95
Baked Ziti	9.95
Tortellini with Cheese	9.95
Linguine with Meatballs	8.95
Ziti with Broccoli & Chicken	9.95
Ravioli & "Shirley Temple" Vodka Sauce	9.95
Chicken Parmigiano with Pasta	9.95
Breaded Chicken Tenders & Marinara Sauce	7.95
Personal Pizza	11.95



GLUTEN-FREE

	Kids	Regular
Penne Vodka or Marinara	8.95	14.95
Gluten-Free Pizza		14.95

Sides

French Fries	4.00
Mozzarella Sticks	6.50
Side of Meatballs or Sausage	7.95

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LA STRADA



NUOVA

Ristorante • Pizza • Cafe

Catering Available for All Occasions

**A Millburn Tradition
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